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EXSC 2270: Essentials Of Sport & Exercise Nutrition A. COURSE DESCRIPTION

Credits: 3 Lecture Hours/Week: *.* Lab Hours/Week: *.* OJT Hours/Week: *.*

Prerequisites: This Course Requires The Following Prerequisite HLTH 1070 -

Nutrition Corequisites: None MnTC Goals: None This Course Presents The Scientific Basis For Sports Nutrition Building Upon Basic Nutritional Concepts. Students Will Review 17th, 2021

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International Journal Of Sport Nutrition And Exercise Metabolism. 2015;25:375-86.
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