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Aware Of The Suffering Created By Fanaticism And Intolerance, I Am Determined  
Not To Be Idolatrous About Or Bound To Any Doctrine, Theory Or Ideology, Even  
Buddhist Ones. Buddhist Teachings Are Guiding Means To Jan 12th, 2021Strong  
Mindfulness: Integrating Mindfulness And Character ...Strong Mindfulness Thich  
Nhat Hanh (Nhat Hanh, 1993; Nhat Hanh & Gheung, 2010). Niemiec (2012a) Has  
Also Created Mindfulness-Based Strengths Practice (MBSP), An Aug 5th, 2021.  
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